



## DIRECTOR'S MESSAGE

I'm very pleased to introduce the first e-newsletter prepared by the FP faculty and students: the "**FP Chronicle**". The motto of this year's Students Activities Week "**Together We Succeed**" was inspiring to our faculty and students who initiated this fabulous new scheme. The aim of all projects and activities completed by FP students (included in the Students Cultural Week Activities program) is to apply the skills that they are learning, specially in the English language unit. I'm glad to know that learning through projects and working with others have created an exciting and stimulating learning context for our students making the whole learning process more fun.

Congratulations to all our students who participated in the preparation of projects/activities or contributed to the FP Chronicle. I would like to thank the faculty who supervised the projects, the Steering Committee who coordinated the planning and execution of all projects and activities, and finally the editorial team who were courageous enough to launch our first newsletter!

This is only the beginning. Watch out for our next newsletter because our students have the **Can Do** attitude!!!

**Annie Lajinian-Magarian / Lecturer, ELU**

**Director of Foundation Program**

## Getting Motivated

Some students spend their entire time procrastinating and finding excuses not to study. In the end, they are the only ones who get hurt by their decisions. Dear students, your success in university studies helps determine your success in life and finding a good job. Therefore, choose to succeed.

**Take Responsibility of your learning by:**

- . Developing good study skills
- . Managing your time
- . Reviewing your lessons regularly
- . Asking for help, when needed

Finally, enjoy the learning experience!

**Rehana Hussain, Instructor, ELU**



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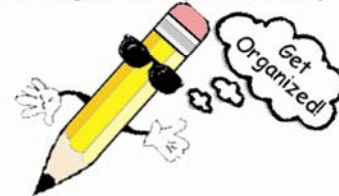
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### **Causes Of Road Accidents In Oman**

Recently, there have been a lot of road accidents in Oman. We hear every day about car accidents. There are many reasons why people get into accidents such as talking on mobile phones while driving, people trying to compete and over speeding. One important reason of road accidents is talking on mobile phones while driving, which is extremely dangerous. In many countries, mobile phones are very popular with young people. We see a lot of people in their cars using mobile phones and driving at the same time. So, they do not focus on the road. A lot of accidents happen when people are talking on the phone and suddenly some animal crosses the road, the driver loses control of his car. Another reason for having road accidents is that people are trying to compete with each other. This is widely common with teenagers. Some boys steal their father's cars and race with friends. If one of them wins a competition, he drives very fast. Sometime, the driver can not control the car and kills the on lookers. For example, last year, a boy killed six other boys. One more reason of road accidents is over speeding. Today, a lot of people get their jobs in far away places from their house. In the morning all people go to work and students go to schools and universities, because of which the roads are crowded in the morning. Also, some young people go to bed after midnight and as a result, they are not able to get up early. Consequently, they need to drive very fast to reach on time. In conclusion, road accidents are a big problem around the globe and in Oman. There are many different causes for road accidents. I hope all the accidents in the world decrease and stop. Also, I hope all the drivers get the moral from this writing, and they drive safely and slowly.

**Zainab Suhail Al-Amri (Fall Semester-L3)**



### **TECHNOLOGY AND ITS EFFECTS**

Technology is very important in our lives. There are many positive effects of technology in our lives such as the use of mobile phones, TV and Internet. One important effect of technology in our daily life is the use of mobile phones. It helps us to connect with people wherever they are and at any time. In addition, we can exchange messages, pictures or music easily. Also, they help us in an emergency. Mobile phone is a device that we use every day. Another important effect of technology in our life is the TV in our houses. Television is a device for entertainment. We enjoy watching films or other programs such as sports, news and documentaries. We also improve our language skills by watching good programs on TV. Television is a common thing that we all use in our homes. The last important effect of technology in our life comes from Internet. When using the internet we find information about many things. Also, we can learn about people, places and events in the world. We can use the Internet to communicate with others through e-mails, social networking like face book or chat rooms. The internet has become a part of our daily routine. It is difficult to imagine our life without technology, mobile phones, TV and internet. These are three examples of how our life has changed and become easier.

**Khadija Ali Al Amri (Fall Semester-L3)**





**FREE REGISTRATION**  
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**Join now!**

**KNOWLEDGE**  
**OMAN.COM**  
connecting communities with knowledge

KnowledgeOman.com (KO) is an online community platform specifically engineered to create acknowledge based economy with a focus on developing the Information and Communication Technology Sector in Oman. The aim of this project is to solidify the Progressive Vision of HM Sultan Qaboos bin Said who wants to transform the Sultanate into a Knowledge Society. "We believe in teamwork as that is one of the key ingredients of organizational success today," said Tariq Al Barwani, Founder and President of KnowledgeOman.com.

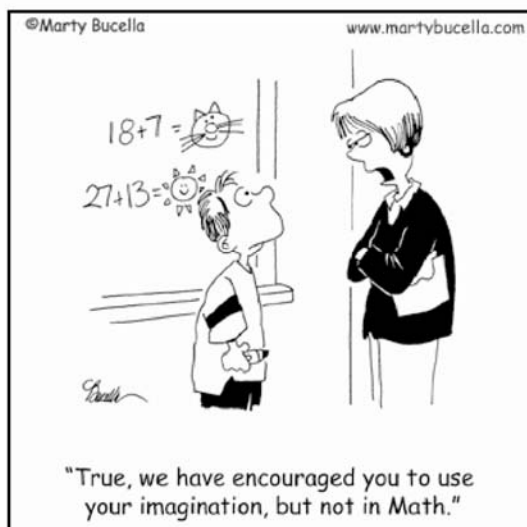
Source: [www.knowledgeoman.com](http://www.knowledgeoman.com)

**Compiled by Julius, Lab Instructor, ELU**

**IMPORTANT WEBSITES for IELTS**

- <http://www.englishstudydirect.com/OSAC/langacls.htm> Speaking Listening
- [http://www.examenglish.com/IELTS/IELTS\\_reading\\_2.htm](http://www.examenglish.com/IELTS/IELTS_reading_2.htm) Reading
- <http://www.ielts-exam.net/IELTS-Writing-Samples/ielts-writing.htm> Writing
- <http://www.bbc.co.uk/worldservice/learningenglish/> General / Current Affairs
- <http://www.bbc.co.uk/worldservice/learningenglish/language/> grammar, vocabulary

**Samantha**



**JACK:** Would you punish me for something I didn't do?

**TEACHER:** Of course not.

**JACK:** Good, because I haven't done my homework



A teenage girl had been talking on the phone for about half an hour, and then she hung up. "Wow!" said her father, "That was short. You usually talk for two hours. What happened?" "Wrong number," replied the girl.

**Compiled by Falcal, Instructor, ELU**



## FP STUDENT'S EXPERIENCES

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My first day in Dhofar University was a bit tense as I was nervous, yet somewhat excited deep down. I was a bit lost; I didn't know my whereabouts and I needed to ask different people about where to go. In the first lecture, I felt I was like a rock, I didn't move as everything was new to me. I wasn't really myself. It was not until a week has gone that I felt I belonged to DU and started behaving normally. My teachers are great, nothing to compare with the school teachers. For the first time in my life I felt busy with all that homework and study..

The atmosphere in DU is great. The only problem is that there are not enough places to stay in when you have no lectures, especially the male students. Of course, the new campus will solve all those problems. All of us are waiting to move there!! It will be great fun indeed!  
**Buthaina Abdulla Al Shanfari, L3**

### An Unforgettable Day

About a week ago, I was sitting watching TV at approximately eight o'clock in the evening with my son Mohammed, 4 years old, and my little daughter Shahad. After half an hour, Mohammed looked at me and said, "Please mom I want to watch cartoons because this movie is boring". I told him, "the film will end soon and you should be patient". Shahad was not interested at all because she was playing with her dolls, and suddenly the power went out. Everything around me became dark. I was scared a lot and called my children. I said, "Mohammed where are you?" He answered, "I know you are scared, but I will not come to you unless you promise that you will allow me to watch cartoons". I promised to do so because I was scared. I laugh a lot whenever I remember this day.

**Warda Al-Rawas** ( Fall semester-L3)



### ENGLISH IS IMPORTANT

All the world studies English, because English is an international language and it's very important for every student. Many people think English is very important for students. I strongly agree with this idea. In my opinion, it is important for students because it is the second language in the world and many people use it. Many companies need English speakers and writers in most countries. It helps us if any one travels to another country. We are studying English to improve ourselves in all the skills in writing, speaking, reading and listening. To conclude, I agree with the idea because English is a very interesting language and useful for everyone specially for students.

**Salim Hardan** ( Fall semester-L3)

I have nothing to say about DU except that it is thanks to it that we can follow our studies without having to go abroad. Of course, go abroad for me as a girl is next to impossible as my father will object to it! So, thank you DU for this great opportunity.

**Nadhra Rajab Hilal, L3**

After taking the placement test, I was put in Level 1. When I succeeded and went to level two, I was excited and felt I'm progressing. I heard some student saying that level two and three are very tough and to be honest, I was afraid for some time. Thanks to Allah, my family and my teachers, that my fear disappeared for good. I'm now working hard to go to level three and then to my Major.

**Aisha Said Ahmad Al Mashani, L3**







Attitudes truly are contagious, and from time to time we need to ask ourselves, "Is mine worth catching?"  
-Mac Anderson

### Reading skills are important....

There are many reasons why I find reading is important. It keeps us informed. We find a lot of reading material such as newspapers, novels, magazines, stories and the internet that help to upgrade our knowledge. Thinking and reasoning is one thing that sets us apart from animals. So, reading helps you to think and plan what you write.

**Salim Rajab Salem Al Hadrami, L3**

Reading improves vocabulary and builds our confidence. We find better ways to say it in words while writing.

**Wafa Mohammed Zayid Khawar, L3**

Reading skills are important because it is the key to better writing. It not only improves the writing skills but also helps you to use words in speaking too. In short, if you read, your thirst for other skills also increases.

**Aysha Mohammed Saad Al Amri, L3**

Reading helps to give ideas on topics that you do not know. It gives you information that may be useful for other skills too.

**Zaina Saad Ali, L3**

Reading is the best way to increase your vocabulary and knowledge. Reading is the back-bone to writing.

**Omar Al Rawas, L3**

### Facilities at the university

Dhofar University has many facilities to help students. When students are accepted to the university, they register for their respective classes at the office of Admission and Registration. The Advisors help the students to choose their classes. The Student Affairs committee helps to counsel students about financial problems. There are language and IT labs around the campus where students can go to work and search for information. The library is open all day and there are two cafeterias where students have their meal and relax during their break. These facilities make life easier on campus.

**Halalah Massan, L2**

The two places on campus where students are found in large numbers are the cafeteria and the library. The cafeteria is a nice place to meet students from different levels. The library has many books on various topics. I use the library to study and work on assignments and use the computer any time I am free.

**Sumaya Saleem, L2**



- Compiled by Sucharitha, Instructor, ELU

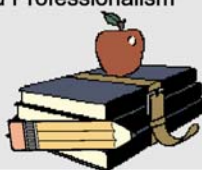
## Math/IT Convener's Message

We are pleased to welcome Foundation Program students in the Math/IT Unit. Our two semester courses chiefly aim to bridge the gap in students' knowledge, understanding and skills in Mathematics and Information Technology. We always have the welfare of our students in our minds. That is why we have a team of dedicated faculty members who continuously revise their teaching methods and materials to ensure that the learning outcomes set by the Oman Academic Standards are attained. We are happy to add here that the Foundation Programme Math/IT Unit has a close collaboration with other colleges in Dhofar University to ensure smooth transition into the different majors. We are proud to present the projects of our students in this year's Student Cultural Activities Week. We thank the students who enthusiastically participated in the planning and execution of these projects. Well done to our students and the faculty members who supervised their work!

**Motto of the Math/IT Unit:** "Towards Quality and Professionalism"

**Thank You**

*Shadi El Hajjar, Convener - Math/IT, Instructor, Math*



## Our Belief....

As it is universally accepted that Mathematics is considered to be the mother of all sciences. We believe that this science which enhances and trains the mind is attractive to all. This is an open invitation to join us and become a mathematician to share the benefits. Math unit is highly determined to cope up the students problems in different domains of life. The Math unit provides the opportunity for the Foundation students to learn the fundamental scientific and mathematical concepts in an atmosphere that is friendly, family-like, fulfills intellectual curiosity, and independent thinking. Math Unit welcomes all students to pursue their higher goals.

**Syed Salman Mahmood, Instructor, Math**







## Nine Ways To Aid Your Memory

- Be Flexible
- Have a Schedule.
- Practice
- Prioritize
- Be Emotionally Involved.
- Rephrase And Explain.
- Use Mechanical Memory Aids (audiovisuals)
- Omit Previous Mistakes.
- Eliminate distractions

$9 \times 9 + 7 = 88$   
 $98 \times 9 + 6 = 888$   
 $987 \times 9 + 5 = 8888$   
 $9876 \times 9 + 4 = 88888$   
 $98765 \times 9 + 3 = 888888$   
 $987654 \times 9 + 2 = 8888888$   
 $9876543 \times 9 + 1 = 88888888$   
 $98765432 \times 9 + 0 = 888888888$

**Brilliant, isn't it?**



## Skills and Strategies for Effective Learning

What do you think about these two ways to cut a tree?

One man is working hard, but isn't making progress.  
The other is working smart, and is getting results!

This picture shows you ideas for "getting results" that will help you more to fully enjoy the great adventure of learning.



There are two ways of spreading light: to be the candle or the mirror that reflects it.  
~ Edith Wharton





### IT Unit : The First step to the Techno-World

The IT Unit in Foundation programme was started in 2007. The curriculum of the IT reflects the requirements of the courses that are conducted in labs to help our students to gain practical, hands-on experience using computers. We use Net School Support software to enhance the learning experience of our students.

#### These are useful IT Web-sites

- <http://www.officetutorials.com>
- <http://www.msoffice-tutorial-training.com/word-tutorials.html>
- <http://www.softwaretrainingtutorials.com/word-2003.php>
- <http://www.openicdl.org.za/courses/mod1/index.html>
- [http://en.wikipedia.org/wiki/Windows\\_XP](http://en.wikipedia.org/wiki/Windows_XP)



#### How to Study & Concentrate

- Keep a pad of paper handy to jot down your thoughts.
- Set study goals before you begin each period of study (number of pages, number of problems, etc.)
- Break-up the content of study by mixing up subjects and building in variety and interest and removing boredom.
- Make the most of rest periods-do something quite different.
- Don't try to mix work and play.
- If necessary, make a calendar of events to clear your mind of distractions.
- Plan the length of your study period by the amount of material you have decided to cover.

### Wow Storage Size!!!!!!

In early stage, the computer hard disk storage sizes were varies in MB 's, now we are using computers with storage capacity of GB's What next ? (Tera, Peta , Exa, Zetta, Yotta.....)

KB(Kilo)	is	Thousand	1 with 3 zeroes
MB(Mega)	is	Million	1 with 6 zeroes
GB(Giga)	is	Billion	1 with 9 zeroes
TB(Tera)	is	Trillion	1 with 12 zeroes
PB(Peta)	is	Quadrillion	1 with 15 zeroes
EB(Exa)	is	Quintillion	1 with 18 zeroes
ZB(Zetta)	is	Sextillion	1 with 21 zeroes
YB(Yotta)	is	Septillion	1 with 24 zeroes

-Compiled by Veeraiyan, Instructor, IT



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